

Sauna rules

With the observance of these sauna rules we guarantee you a pleasant and relaxing stay in all aspects of hygiene and safety. We rely on the mutual consideration and respect of the visitors with each other. By entering the Sauna World, you accept the provisions of the Sauna Rules as well as all other instructions issued to maintain operational safety. These are binding for all guests.

General

Use of the aquabasilea sauna facility is always at your own risk.

The facility is monitored by video for your safety.

Our sauna staff will be happy to receive your suggestions, requests and complaints. However, you are also welcome to inform us of these in writing.

The regulations listed in the house rules also apply to the use of the sauna facility.

Rest and relaxation

The sauna world is a place of relaxation. For your own well-being and that of other guests, we ask for quiet and consideration.

Kids in the sauna

Children up to the age of 16 are allowed to enter.

Children under the age of 16 are allowed to enter only under adult supervision.

Our facility is a 365-day operation. Renovation work may therefore also occur during ongoing operation. In this case there is no right to compensation.

Dress Code

The sauna area is a textile-free area. Outside the sauna cabins, however, we ask you to wear bath towels or bathrobes. This applies in particular to the catering area.

For hygienic and safety reasons, non-slip bathing shoes must be worn in all wet areas.

Food and Beverages

Drinks and food brought into the sauna facility are not permitted.

Bringing glass bottles or glass containers into the aquabasilea is not permitted for the safety of all guests.

Health notes

Guests with heart and circulatory problems as well as pregnant women are recommended to consult their doctor about the appropriate application.

In the case of open wounds and infectious diseases, the visit should be avoided.

In case of health problems, please inform the sauna staff immediately.

Usage of technical devices

Photography, sound and video recordings are not permitted in the entire facility.

Safety

Smoking is strictly prohibited in the entire facility. Exceptions are the designated smoking islands in the outdoor area.

If a guest is endangered by alcohol or poses a danger or threat to others, this guest will be expelled from the facility.

We ask that you keep the exchange of affection to a minimum, so that your behavior does not appear unpleasant to other guests and the staff.

Staff members are entitled to ask guests who behave indecently in any way or violate the sauna rules to leave the facility immediately and, if necessary, to ban them from the premises. The entrance ticket will then lose its validity and will not be refunded.

For security reasons, we kindly ask you to leave your clothes and bags in the lockers, which can be securely locked with the chip bracelet.

We are not liable for the loss of valuables, money and clothing. We recommend to store valuables separately in the valuables compartments. We are not liable for damage to or loss of visual aids, watches, jewelry, personal clothing, etc. This applies in particular to the use of all pools and attraction areas.

Lost property is handled in accordance with §8 of the Ordinance on Lost Property and Recycling of the Canton of Basel Landschaft.

Cleanliness and hygiene

The use of the saunas is only permitted with a sufficiently large towel. Contamination of the benches by sweat must be avoided.

The steam baths can be used without a towel due to the high humidity. Before use, the seats must be cleaned with a water hose.

It is not allowed to perform beauty rituals in the sauna, shower and changing room areas. Shaving, manicure, pedicure, hair coloring and hair masks as well as massage gloves and brushes must be avoided.

Each guest is obliged to perform appropriate body cleansing before and after using the sauna and pools. Showering with care products is prohibited in the experience showers.

Behavior in the sauna

The sauna is to be entered barefoot. Bathing shoes are to be left in front of the corresponding sauna cabin.

The length of stay depends on your own well-being. We recommend that you do not exceed 15 minutes sauna session and that you check the length of your stay with the sauna clock.

Please put a towel under the sauna during your stay.

At the end of the sauna session, leave the sauna with quiet steps and close the door quietly.

After the sauna, we recommend that you go out into the fresh air and breathe deeply in order to increase the oxygen content in your blood.

Perform a Kneipp cure. This involves bathing your feet alternately in cold & warm water. It stimulates circulation and helps with fatigue.

Please shower off carefully after the sauna session. In addition, we recommend taking a cold shower or using a cold pool. It is recommended to drink enough and eat regularly.

For hygienic reasons, please shower off before using the pools.

We recommend a bathing time in the saltwater pool, in the outdoor area, of maximum 20 minutes without interruption.

Infusions on the sauna stoves are to be performed only by our trained personnel. The infusion and ventilation times are determined exclusively by the sauna staff.

Each guest decides for himself/herself, taking into account personal tolerance, to accept and use the products issued. For this offer, as well as for the infusions, we assume no liability for any skin irritations that may occur.

Technical installations (e.g. sauna ovens, heaters, ventilation inlets, protective grids and measuring sensors) must not be covered with towels or objects due to the risk of fire.

The characteristic conditions in the sauna, such as high temperatures, low lighting, stepped benches and heat sources require special care from each guest.

Behavior in the rest area

Reservations of the sunbeds are not allowed. Our employees are instructed to vacate reserved spaces and deposit personal belongings at the lifeguard supervision booth. Loungers are to be left as you would like to find them.

For hygienic reasons, the use of the sunbeds is only permitted with a suitable and sufficiently large towel.

The trick with the chip

With your chip bracelet, you can move around the entire facility without cash and lock your belongings and valuables. For optimal use, please note the following:

- Always carry your chip with you, ideally with the wristband provided for this purpose. Please note that you will be charged a fee of CHF 100.- if you lose your chip.
- Please pass through the turnstile after the green light.
- Do not let any other guest pass the turnstile with your chip.
- You can lock your locker and the safe deposit box with your chip. To do this, press it against the lock provided for this purpose and wait for the locking mechanism. A locker can only be used once, i.e. the chip may only be held on the locker once. If you want to use a different locker you can neutralize your chip at the reception.
- If you forget your locker number, you can ask for it at any time at the info points in the bathroom and locker room by holding your chip against it.
- After you have made the possible additional payment at the cash desk you throw the chip including the wristband into the rectangular box at one of the turnstiles to leave aquabasilea.
- If you have any questions, please contact our trained staff in the pools or in the entrance/checkout area.

Your aquabasilea AG team
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